



## **NOVEMBER 2025 INFORMATION SESSIONS AT SEND CENTRAL IN COLLABORATION WITH YORK PARENT CARER FORUM**

### **Monday 3<sup>rd</sup> November 1pm- 2pm – Barriers to School Attendance**

An information session led by the Educational Psychology Team around understanding barriers to school attendance and how to support your child or young person when they are experiencing significant barriers to school engagement.

### **Friday 14<sup>th</sup> November 1pm- 2pm- Welfare Rights- knowing what you may be entitled to as a family who have a child with SEND.**

An information session around the benefits that are available to families who have children and young people with SEND, a general overview to make sure you know what you should and could be accessing and if there are gaps the opportunity to book in for a follow up appointment that is personalised around claiming any benefits you may be missing.

### **Friday 21<sup>st</sup> November 1pm – 2 pm- Elective Home Education**

An information session led by our Local Authority School Attendance Lead and a SEND navigator from the Parent Carer Forum around Elective Home Education.

### **Monday 24<sup>th</sup> November 1pm- 2pm- ADHD a Guide for Parents**

An Information Session led by CAMHS that looks at what ADHD is. There will be a focus on looking after yourself, practical tips for helping at home and supporting your child's educational development, general tips for supporting at school.

Understanding sleep and ADHD, tips and hints.

There will also be a consideration of the referral and assessment process and what comes next.

